

## Co-Parenting Co-Op

Bring your questions and join us for an open discussion to provide resources and discuss strategies for reducing conflict and increasing cooperation

**May 23 | June 27 | July 25 | August 22**

Available anytime between 11 a.m. and 1 p.m.

(connect for as little or as much time as you prefer)

### What Co-Parenting Co-Op can help with:

- Differences in discipline techniques
- Negative comments and arguments in front of kids
- Parenting responsibilities
- Holiday/vacation schedules
- Lack of communication between caretakers
- Identifying resources
- Communication skills for desired responses
- Sharing children's clothes or personal items between homes
- Strategies to consider for more effective co-parenting
- Learning from others' success stories

### What Co-Parenting Co-Op is not:

- Therapy
- Legal advice
- Dispute resolution process
- Support group

### Zoom Information:

[ZOOM LINK](#)

Meeting ID: 918 0216 0567

Passcode: 248806

To learn more or for questions, please contact [MNH-FamilyEd@jocogov.org](mailto:MNH-FamilyEd@jocogov.org)