

Co-Parenting Co-Op:

For separating, divorced, or two-household parents, bring your questions and connect with our Family Education Coordinators who have more than 40 years of experience working with families in and out of the court system. We'll have an open discussion to provide resources and discuss strategies for reducing conflict and increasing cooperation between co-parents.

First and Third Tuesday of the Month

September – December 2022 | 12 – 1 p.m.

What Co-Parenting Co-Op can help with:

- Differences in discipline techniques
- Negative comments and arguments in front of kids
- Parenting responsibilities
- Holiday/vacation schedules
- Lack of communication between caretakers
- Identifying resources
- Communication skills for desired responses
- Sharing children's clothes or personal items between homes
- Strategies to consider for more effective co-parenting
- Learning from others' success stories

What Co-Parenting Co-Op is not:

- Therapy
- Legal advice
- Dispute resolution process
- Support group

This is a free resource, and registration is not required. Simply connect to the meeting at any time and stay for as little or as much time as you prefer.

Zoom Information:

Meeting ID: 967-9005-0594

Passcode: 556386

To learn more or for questions, please contact MNH-FamilyEd@jocogov.org